

## **Public Service Announcement**

## Flu season and vaccination in Nunavut

Start Date: October 18, 2023 End Dates: December 1, 2023 Nunavut-wide

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The Department of Health is reminding Nunavummiut of an increased risk of getting sick from influenza, COVID-19 and other respiratory illnesses during the fall and winter months. Effective prevention measures are available and seasonal vaccines are an important tool to help protect individuals and communities.

Flu and COVID-19 vaccines are free and available at all health centres in Nunavut. It is safe and recommended to receive both the flu and COVID-19 vaccine during the same appointment.

The updated Moderna COVID-19 vaccine is recommended for individuals if it has been six months since a previous dose of a COVID-19 vaccine **OR** if it has been at least six months since a suspected or confirmed COVID-19 infection.

Current national recommendations are for all individuals aged six months and older to receive a flu vaccine. If you are 65 years or older, a separate flu vaccine with additional protection for this age group is available.

Contact your local health centre or public health unit to book an appointment.

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Communications